

Eczema Superheroes



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Michael couldn't wait for tomorrow to come. Tomorrow was SUPER HERO day at his Primary school! Everyone was going to arrive at school dressed as their favourite super hero... and Michael was going to be Super Boy!



His Mum had made him his very own super hero costume.
It had a blue cape, red boots, a yellow belt and some
really cool red gloves to match his red shorts!



Michael was excited because it meant that for one whole day, he would be unstoppable!
He could be strong, and brave, and dashing, and most importantly he wouldn't have his long-time enemy Eczema following him around!



Michael had Eczema which was something that he heard
his Auntie Betty had handed down to him!
It didn't sound like a very good present to Michael!



It made Michael itchy and
sometimes he felt like
scratching so much that he
thought of using his cat
Mr Waffles' scratching post!

BUT on Super Hero day, Michael was finally going to be the hero he always felt like being!

Michael woke up SUPER early on SUPER hero day! He changed into his costume as fast as a lightning bolt, ate his cereal with speedy splashes, and ran out to his scooter to FLY to school!



EVERYONE was dressed UP in SUPER cool costumes!
IT WAS THE BEST DAY EVER!

Trudy was Wonder Girl, Lachlan was a Black Ninja with a cool sword, and Max was Spider Boy!



George was a carrot... A C-A-R-R-O-T???

George was standing in a full carrot costume, kicking the dirt around under his orange painted sneakers while being teased by Alex and Tammy.



What was a super hero to do thought Michael...
so he FLEW over to George and took his orange gloved
hand and whisked him away to safety to the veggie
patch at the back of the school playground.



George explained to Michael why he was dressed as a carrot. He said his Mum had told him that carrots were
SUPER FOODS.

He even had some carrot sticks in his pockets.



George and Michael sat happily in the veggie patch sharing some carrot sticks. Then, Midnight, the school pet bunny rabbit even scurried over to have a nibble! Michael agreed that carrots were SUPER FOODS. His Mum often told him how healthy foods, such as carrots, could help fight the Eczema!



After they had finished all the carrot sticks they turned to give little Midnight another pat but Midnight was GONE!

He had run out of the veggie patch!

George and Michael had accidentally left the door open!

Oh dear



“Sounds like a job for SUPER BOY and SUPER CARROT!”
declared George.



They flew to the swings to check there -
BUT NO Midnight.



They flew to the fish pond to check there –
BUT NO Midnight.



They flew to the soccer field to check there –
BUT again NO Midnight.

Just then, they FLEW into Madison who was dressed as an Egyptian Mummy!

She had her grey tracksuit on and was covered in bandages all over her tummy, arms and legs!



Madison was playing hide and seek with her friend Andy. Michael asked Madison if she had seen Midnight the pet bunny and that they were on a quest to save him from being lost in the wilderness of their Schoolyard and playgrounds.

Madison could see that Michael looked very hot and sweaty and ITCHY!



Madison asked if Michael had Eczema, because her little sister had it too! Her Mum used to wrap up her sister's arms with wet bandages when it got really bad. And that gave them ALL a really GREAT idea!

Madison unwound some of her bandages from her mummy costume and wet them at the water bubbler, squeezed them tight, and then started winding them around Michael's itchy arms and legs.



George was a little scared to help at first, thinking that he might catch it, but then Madison laughed "You can't catch it silly! BUT we DO need to catch poor Midnight before the school bell rings!"



Michael felt like a true warrior now!

Just then, a boy appeared from behind the bubblers dressed as Astro Man. It was Andy!
Andy had been hiding from Madison in their game of Hide-and-Seek.

“Hi! Madison I guess Midnight is the winner of this Hide-and-Seek game! He found me fair and square!”
he laughed, holding up Midnight in his arms!



Then Super Boy, Super Carrot, The Mummy and Astro
Man all laughed together with joy.

And just in time too...
the morning school bell rang loudly across the
playground!



That evening as Michael sat down to eat his delicious macaroni and cheese dinner with his family, he told his parents what a fantastic SUPER hero day he'd had!
"And what about your Eczema?" asked Mum.



“Oh, I forgot all about him!” Michael realised (with a little help from Madison!)

Maybe he didn't need to BE a super hero to defeat his enemy!

He just had to FEEL like a super hero.

Maybe every day could be a SUPER Hero day!



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